

2022 Fall Extracurriculars



"The greatest gifts we can give our children are the roots of responsibility and the wings of independence."

-Dr. Maria Montessori

WOODLAND HILL
MONTESSORI SCHOOL
ESTABLISHED IN 1965

Primary Programs

(CLASSES RUN FROM 3:00-4:00 UNLESS OTHERWISE NOTED)
SEPTEMBER 19 - DECEMBER 2

MONDAY

Art Studio: In this class your works can take several forms, such as painting, textiles and sculpture. Let your imagination take shape in this creative extra.

Limit: 12 students/\$130

Gymnastics: Join Ben Kelts for primary gymnastics! Learn to tumble, roll, and balance your body on the balance beam. This class will demonstrate the foundations of gymnastics while teaching your child to control their body.

Limit: 15 students/\$130

TUESDAY

Sensorial Science: Sensory activities have so many benefits! In this class our primary friends will be exploring their 5 senses, This will be a great opportunity for deeper exploration and for exercising their creativity!

Limit 10 students/\$120

Small Movement:

Using slow mindful movements, students will explore the strength, flexibility, and balance of their bodies.

Limit 10 Students/\$120

WEDNESDAY

El Club De Espanol: This class is for the little language sponges in the Primary Program to immerse themselves in more fun filled Spanish Instruction. They will learn songs, games and build their knowledge each week with repetition and connection to language.

Limit 12 students/\$120

Library Workshop: Students will explore different genres through the world of literature. We will build our talents in reading while getting to know different characters through books!

Limit 12 students/\$120

THURSDAY

Little Builders : Join us as we learn about inventors, build and test toys, and learn the science behind our constructions. Students will be immersed into our toy makers workshop as they construct different toy projects each week.

Limit 10 students/\$120

African Drumming (K-8): John Dickson leads this popular WHMS African drumming group. Beginners and experienced drummers alike benefit from the multi-age and ability group. African drums are provided by John or you are welcome to bring your own!

Limit 18 students/\$180



FRIDAY

Soccer Stars: Join Patrick Kraft for beginner soccer! You will learn motor skills, life skills, self-confidence and basic soccer techniques!

Limit: 12 students/\$120

Little Master Chefs: Create delicious meals/snacks in this fun extracurricular. We will experiment with different flavor creations and get to enjoy the treats we create!

Limit 10 students/\$170

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Elementary Programs

(CLASSES RUN FROM 3:00-4:00 UNLESS OTHERWISE NOTED)
SEPTEMBER 19 - DECEMBER 2

MONDAY

Dungeons and Dragons Club (LE): Explore the world of D & D through this club. Players will be grouped in adventuring teams and will be embarking on various quests!

Limit 8 students/\$135

Yoga (LE): Yoga can be a place to be social and play, all while doing good things for our bodies and minds. Yoga is an encouraged practice for young athletes to build strength, balance, and flexibility.

Limit 10 Students/\$135

Jazz/Rock Band (UE/MS): Join Iggy for a hybrid jazz/rock band experience! Prior jazz/rock instrument experience is required to join this extracurricular.

Please reach out to Iggy Calabria if you are interested.

icalabria@woodlandhill.org

\$130

TUESDAY

The Science Guys (LE): Strengthen skills in STEAM with the science guys! With hands-on science experiences that deepen their education fulfilling STEAM subjects:

Science, Technology, Engineering, Arts and Math. Fee includes specially crafted science kits for all experiments. Limit 15 Students/\$200

Sprout Gardeners (LE): Connect with the nature and beauty of our campus garden beds. We will start seedlings, grow radishes, and more! Limit 10

Students/\$120

Zine (UE/MS): Be a part of the first Woodland Hill Zine! Using collaging techniques, typography, and graphic design. We will expand our knowledge to create various projects for a two-print publication.

Limit 10 Students/\$130



WEDNESDAY

Dungeons and Dragons Club (UE): Explore the world of D & D through this club. Players will be grouped in adventuring teams and will be embarking on various quests!

Limit 8 students/\$135

Basketball Club (LE): Improve your skills in the great game of basketball! Students will learn to improve their footwork, dribbling, passing, and shooting through exciting drills, and activities.

Limit 15 Students/\$130

Sew Fancy (LE/UE): In this club students will use their hands to create beautiful pieces of textile art. The students will learn different sewing techniques and will be able to use our variety of fabrics.

Limit 8 students/\$135

STEM Workshop (UE/MS): With the expertise of RPI Engineering Graduate students, the children will explore practical applications in the world of engineering. Students will solve creative challenges using technology in the Makerspace.

Limit 12 students/\$150

THURSDAY

Cooking and Concoctions (LE) In this club students will create great meals and fun science experiments! Cooking is a science but we will dig deeper into the properties of the food we create!

Limit 8 students/\$170

African Drumming (K-8): John Dickson leads this popular WHMS African drumming group. Beginners and experienced drummers alike benefit from the multi-age and ability group. African drums are provided by John or you are welcome to bring your own!

Limit 18 students/\$180



Theater: See next page.



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Middle School Programs

(CLASSES RUN FROM 3:00-4:00 UNLESS OTHERWISE NOTED)
SEPTEMBER 19 - DECEMBER 2

MONDAY

Jazz/Rock Band (UE/MS): Join Iggy for a hybrid jazz/rock band experience! Please reach out to Iggy Calabria if you are interested. Prior jazz/rock instrument experience is required to join this extracurricular \$130

TUESDAY

Zine (UE/MS): Be a part of the first Woodland Hill Zine! Using collaging techniques, typography, and graphic design. We will expand our knowledge to create various projects for a two-print publication.
Limit 10 Students/\$130

WEDNESDAY

STEM Workshop (UE/MS): With the expertise of RPI Engineering graduate students, the children will explore practical applications in the world of engineering. Students will solve creative challenges using technology in the Makerspace.
Limit 12 students/\$150

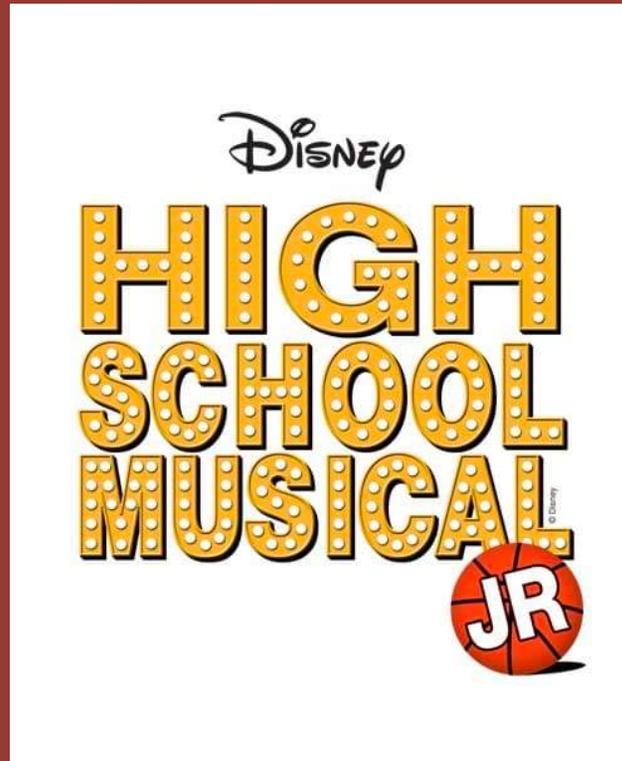
THURSDAY

African Drumming (K-8): John Dickson leads this popular WHMS African drumming group. Beginners and experienced drummers alike benefit from the multi-age and ability group. African drums are provided by John or you are welcome to bring your own! Class will be held outdoors.
Limit 18 students/\$180

FRIDAY

Yearbook: MS Students will have the opportunity to assist in creating memories for years to come. Students will assist with yearbook photography, style and design. Contact Nicholle Gregor for specific dates. ngregor@woodlandhill.org
September - April /\$100

THEATER IS BACK



THURSDAY & FRIDAY

(UE/MS) 4-5:30 PM

Theater is making its return with our fall production of High School Musical Jr. Directed by Kathryn Capalo, who holds a Master's Degree in Theater from Emerson College. Kathryn has been a member of the WHMS community since 2020 and has been eager to work with our student population to create a fun-filled production.

Students will be required to audition for lead roles. Every child will be a part of the production in cast and crew.

Limit 40 Students / \$295

SHOW DATES

December 9, 6 pm
December 10, 2 pm

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Sports Offerings (UE/MS)

We are pleased to be able to provide athletic opportunities for our students and the chance to participate in our very own sports teams. Please be advised that team sports are a commitment.

All students who participate will be required to attend all practices as well as scheduled games.



CROSS COUNTRY

Will begin week of September 12.

Cross Country running will increase your endurance and stamina. We will work on running techniques and tactics, as well as mental and physical training to reduce injury and maximize performance.

Tuesday/Thursday
Practice 3:00-4:00./\$160

Wednesday meets off campus at Menands.

Contact Ben Kelts bkelts@woodlandhill.org
for additional information

SOCCER

Will begin week of September 12.

Soccer teaches you agility, quick thinking, strength, and skill. Join the Wolfpack team as we compete against schools in the surrounding area.

Monday/Wednesday
Practice 3 - 4 pm /\$160

Games at 4 pm, days/locations will vary.

Contact Patrick Kraft
pkraft@woodlandhill.org for additional
information

BASKETBALL

The Basketball season will begin in late October and run until the end of March.

Basketball will give you the skills to improve your footwork, dribbling, passing, and shooting through exciting drills, games and activities. Basketball is intended to focus on player development in a fun and positive environment.

Tuesday/Friday
Practice 3:00-4:00/\$160
Games at 4 pm, days/locations will vary.

Contact Julio Gonzalez
jgonzalez@woodlandhill.org for additional
information

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