

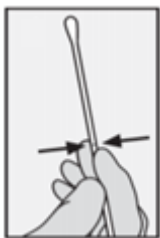


Anterior Nasal Sample Collection Instructions

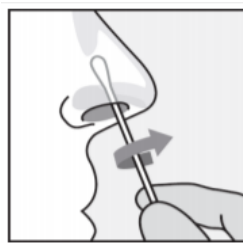
1. Confirm kit contains:

- a. Swab
- b. Tube
- c. Specimen bag (note kit is packaged in a second specimen bag)

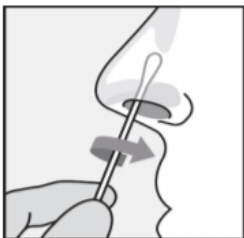
2. Collect sample:



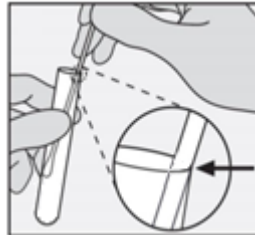
- a. Wash or sanitize hands. Remove swab from packaging, touching only the handle and avoiding the soft tip.



- b. Gently insert the **entire** soft tip of the swab into one nostril. Using moderate pressure, rub the swab slowly in a circular motion around the inside wall of your nostril **four** times. The swab tip should be touching the inside wall of your nostril through each rotation.



- c. Repeat the same process with the **same swab** in the other nostril. The process should take 10-15 seconds per nostril.*



- d. Insert the swab, tip first, into the tube. Bend the swab handle at top of tube to break at breaking point (handle may also be cut with scissors). Do **not** place handle in tube. Screw cap on tightly.

3. Place tube in specimen bag. Force out excess air and securely seal bag.

4. Discard swab handle.

5. Turn in sample as directed.

*Simply twirling the swab against one part of the inside of the nose or leaving the swab in the nose for 10-15 seconds may result in an insufficient sample.