

## **Mask Friendly**

### **COVID Positive**

Isolate day 0-5

Return with mask days 6-10 (if fever free for 24 hours and other symptoms are resolving)

[CDC Isolation Guidance](#)

### **COVID Exposure**

Masking for 10 days is recommended

Rapid Antigen (at-home) test on days 6 & 8 (provided by the school, while supply lasts)

[CDC Exposure Guidance](#)

### **Symptomatic**

Test before coming to school (rapid antigen, PCR, or saliva)

*Individuals who have symptoms of respiratory or gastrointestinal infections, such as cough, fever, sore throat, vomiting, or diarrhea, should stay home, regardless of COVID test results.*

If positive, isolate immediately and follow CDC Isolation Guidance

If negative on a rapid test, and well enough to attend school, test again 48 hours after the first negative test, for a total of at least two tests. (Repeat testing is not required for PCR and saliva tests.)

[FDA Instructions on Repeat Testing](#)

If there is known exposure and the individual is symptomatic, a PCR or Saliva test should be taken before returning to school. (Access to RNA Institute saliva testing facilitated by school for a \$25 fee)

[CDC list of COVID Symptoms](#)

Fever or chills

Cough

Congestion or runny nose

Headache

Sore throat

Nausea or vomiting

Shortness of breath or difficulty breathing

Fatigue

Muscle or body aches

New loss of taste or smell

Diarrhea

Please report any absences to Cat Pacini, Office Manager [cpacini@woodlandhill.org](mailto:cpacini@woodlandhill.org) or 518-283-5400

For access to saliva testing through the RNA Institute, please contact Leah Johnson, Wellness Coordinator, [ljohnson@woodlandhill.org](mailto:ljohnson@woodlandhill.org) or 518-283-5400

For questions about Woodland Hill Montessori School's COVID policy, please contact Michelle Edwards [medwards@woodlandhill.org](mailto:medwards@woodlandhill.org) or call/text 518-802-5400